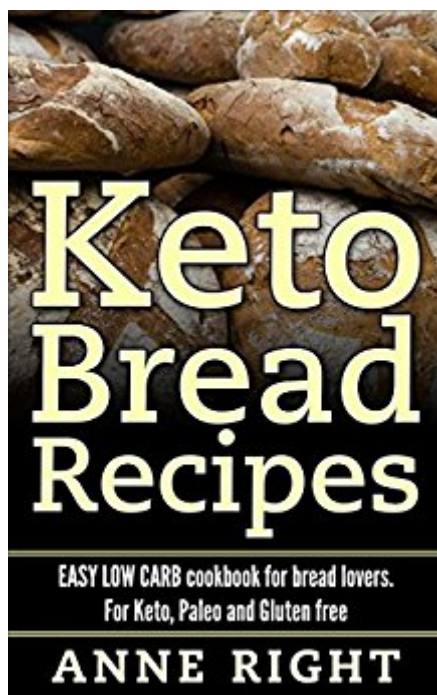


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# **Ketogenic Bread Recipes: Over 30 Easy Low Carb Bread Baking Keto Recipes, Paleo And Gluten Free Diet, High Protein. Color Photos And Nutritional Facts ... Easy Low Carb Cookbook For Bread Lovers**



## Synopsis

Keto Bread Recipes ALL RECIPES ARE GLUTEN-FREE, LOW CARB AND FREE FROM ARTIFICIAL SWEETENERS, HIGH PROTEIN. OVER 30 GREAT HEALTHY LOW CARB KETO BREAD RECIPES WITH COLOR PHOTOS, TIP, TROUBLESHOOTING AND NUTRITIONAL INFORMATION. DON'T WAIT! LEARN TO MAKE EASY/, TASTY BREAD AND ENJOYS YOUR DIET. You miss bread with a pleasing crispy crust and a soft, moist center. Or perhaps you miss the baking itself, let us show you with a low-carb substitute and savor it warm, straight out of the oven, or freeze, defrost, and toast to your perfection. It is time to make a sandwich with one of our low-carb bread. Maybe go for our delicious low-carb keto garlic bread as an appetizer, snack or as a side dish. Bread is a staple for breakfast for many people. However, if you are following the keto diet, you cannot eat grains such as wheat owing to their high carbohydrate content; thus, making it hard to take bread. But, what if I told you that you can make your own bread with as low as only 1 gram of carbs? What's more, the bread will be both gluten free and paleo friendly. Just because keto is low carb, doesn't mean that you can't have bread. This book will provide you with easy bread recipes that you can make at home. What's more, the recipes are keto, paleo and gluten-free friendly.

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## Book Information

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## Customer Reviews

I downloaded this cookbook when I was in a bind. I wanted some recipes that were new and exciting, but with healthier options. So, this book seemed to be perfect and it didn't disappoint. I got exactly what I wanted. The recipe was also delicious. It's a win-win. You will be glad you took the chance.

I made the Keto bread and it was delicious! I look forward to making many other healthy bread from this cookbook! Easy to follow directions!

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